

State Institute of Physical Education for Women

Hastings House, 20B, Judges Court Road, Alipore, Kolkata-27

Programme Schedule

Internship Programme for B.P.Ed Semester – III for the session 2021-2023

[From 14.11.2022 to 21.11.2022]

Day	Date	Time	Course Curriculum
Monday	14.11.2022	7.10am	Assemble at the College Ground
		7.15am-9.35am	Physical Exercise; Assist Practical Class and Outdoor Teaching
		11.00am - 11.30am	Inaugural Ceremony: Venue: Seminar Hall
		10.30am - 11.15am 7.30pm - 8.00 pm	Mess Management (Every day at the same time)
		11.30am – 2.30pm	Theory class & Classroom Teaching
		3.15pm - 5.00pm	Assist Practical Class and Performed Outdoor Teaching
		5.00pm-6.00pm	Participation in Cultural Activity
Tuesday	15.11.2022	7.15am – 9.35am	Physical Exercise; Assist Practical Class and Performed Outdoor Teaching
		11.30am-2.30pm	Theory class & Classroom Teaching
		3.15am – 5.00pm	Assist Practical Class and Performed Outdoor Teaching
		5.00pm – 6.00pm	Participation in Cultural Activity
Wednesday	16.11.2022	7.15am – 9.35am	Physical Exercise; Assist Practical Class and Performed Outdoor Teaching
		12.00 pm	Seminar; Topic: Women Empowerment in Bengal Educational Perspective; Venue: Seminar Hall
		3.15pm -5.00pm	Aerobics Competition
		5.00 pm - 6.00pm	Participation in Cultural Activity
Thursday	17.11.2022	7.15am – 9.35pm	Physical Exercise; Assist Practical Class and Outdoor Teaching
		11.30am-2.30pm	Theory class & Classroom Teaching
		3.15pm – 5.00pm	Assist Practical Class and Performed Outdoor Teaching
		5.00pm - 6.00pm	Educational Visit
Friday	18.11.2022	7.15am – 9.35pm	Physical Exercise; Assist Practical Class and Performed Outdoor Teaching
		11.30am – 2.30pm	Theory class & Classroom Teaching
		3.15 pm – 5.00pm	Assist Practical Class and Performed Outdoor Teaching
		5.00pm – 6.00pm	Participation in Cultural Activity
Saturday	19.11.2022	7.15am – 9.35pm	Physical Exercise; Assist Practical Class and Performed Outdoor Teaching
		11.30am – 1.45pm	Theory class & Classroom Teaching
		1.45 pm – 5.00pm	Organise a Tournament
		5.00pm – 6.00pm	Participation in Cultural Activity
Monday	21.11.2022	7.15am - 9.35 pm	Physical Exercise; Assist Practical Class and Performed Outdoor Teaching
		11.30am	Valedictory Session (Cultural Programme organize and Performed by the Intern students)

Dr. P.K Mondal
Coordinator

Internship Course Programme

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Sd/-

Dr. Pintu Sil

Officer In-Charge

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